

Tests and Labs Useful in Treating the Yeast Connection

There are a number of helpful tests that can assist with a diagnosis of candidiasis. Print off the following list for your physician.

1. Comprehensive Digestive Stool Analysis (CDSA) by the Great Smokies Diagnostic Laboratory in Asheville, NC. Website: www.gsdl.com (800) 522-4762
2. Candida blood studies of various types, including measurements of candida antibodies, antigens and immune complexes
3. Stool studies for candida and other organisms

In addition, the vast majority of people with yeast-related health problems suffer from food sensitivities. Although commonly used allergy scratch tests often show negative results, other tests may be helpful, including:

1. The ALCAT test: a blood test that measures sensitivities to food extracts, food additives, chemicals and molds
2. IgG food sensitivity tests for delayed-onset food allergies
3. Tests to assess intestinal permeability: urine collected over a six-hour period will help determine if you have leaky gut

Other labs that offer tests that can help your physician with evaluating your complex health problems are:

- AAL Reference Laboratory, Santa Ana, CA (800) 522-2611 website: www.antibodyassay.com
- Accu-Chem Laboratories, Richardson, TX (800) 451-0116 website: www.accuchem.com
- American Medical Testing Laboratories, Hollywood, FL (800) 881-2685, website: www.aml.com
- Cerodex Lab, Washington, OK (405) 288-2383, website: www.immy.com
- Consulting Clinical and Microbiology Laboratories, Portland, OR (503) 222-5279
- Diagnos-Techs, Inc., Kent, WA (425) 251-0596, website: www.diagnotechs.com
- Doctors Data Inc. Chicago, IL (800) 323-2784, website: www.doctorsdata.com
- Immuno Laboratories, Ft. Lauderdale, FL (800) 231-9197, website: www.immunolabs.com
- Immunodiagnostic Laboratory, San Leandro, CA (800) 888-1113
- Immunosciences Lab, Beverly Hills, CA (310) 657-1077, website: www.immuno-sci-lab.com
- Meridian Valley Clinical Laboratory, Kent, WA (800) 234-6825, website: www.meridianvalleylab.com
- Metamatrix Research Laboratory, Norcross, GA (770) 446-5483, website: metamatrix.com



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