

## Physician Letter

Print this letter to your physician and take with you to your appointment.

Dear Physician,

Thank you for the patience you've shown in listening to my many complaints and for the help you've given me. In spite of the tests and therapies I have received, I'm continuing to experience health problems that I feel may be yeast-related. Will you work with me?

I realize that you may not believe *Candida albicans* plays a significant part in causing my symptoms. I can understand your point of view, because I've read medical reports that concluded that the relationship of yeast to so many chronic disorders is "speculative and unproven."

I've also learned that no laboratory will determine absolutely whether or not my problems are candida-related. However, observations by reputable physicians I've read about in Dr. William Crook's books show that many of my symptoms can be helped if I change my diet and take Diflucan, nystatin or other antifungal medications.

Although I realize that these medications and dietary changes will not provide a "quick fix" for my problems. I feel that they would be steps in the right direction.

Sincerely,

Your Name

